

Hockey Terms

1. Save- When a goalie blocks a shot
2. Assist- A pass that leads to a goal (up to two assists per goal)
3. Goal- When a shot puck completely crosses the goal line inside the goal
4. Point- Individual statistic awarded to a player for each goal or assist
5. Hat trick – 3 goals scored by the same player in one game
6. Face off- When the official drops the puck between the sticks of two opposing players to start a play
7. Full Strength- When a team has all 6 players on the ice
8. Changing on the Fly- Substitutes can enter the game from the bench while play is in progress
9. Shorthanded- When, due to penalties, a team has fewer players on the ice than the opponent
10. Power Play- When a team has more players on the ice than the other team due to a penalty
11. Penalty Kill- When a team is shorthanded and attempts to prevent the other team from scoring
12. Minor Penalty- Most common penalty called. Player must go to penalty box without a substitution for 2 minutes or until the other team scores a goal.
13. Major Penalty- Called for more vicious violations. Player must stay in the penalty box without a substitution until the 5 minutes are up regardless if a goal is scored by the other team.
14. Penalty Box- Area on the opposite side of the ice in which a player sits to serve the penalty time
15. Stickhandling- Carrying/controlling the puck across the ice with the stick
16. Pass- Using the stick to direct the puck to another teammate

17. Wrist Shot- Shooting the puck off the blade of the stick with a flicking wrist motion
18. Slap Shot- Shooting the puck by swinging the stick back and then quickly forward
19. Left Wing- Forward who plays on the left side of the center
20. Center- Forward who plays in between the wingers
21. Right Wing- Forward who plays on the right side of the center
22. Defensemen- 2 players who defend their end of the ice
23. Goalie- guards the goal
24. Neutral Zone- area of ice between the blue lines
25. Attacking Zone- Zone between the opponent's blue line and the goal line
26. Defending Zone- Zone between your goal line and blue line
27. Icing- Occurs when a player shoots the puck across both the red line and the opposing team's goal line without it going in the net
28. Offside- A player may not skate with both skates into the attacking zone ahead of the puck
29. There are 3 periods in an NHL game and they are 20 minutes each.
30. Zamboni- The vehicle used to resurface the ice before the game and after each period
31. Overtime- Extra time played if the score is tied at the end of regulation
32. Shootout- Occurs if the score is tied after overtime. Each team sends out 3 players to take a penalty shot against the other team's goalie
33. Penalty Shot- When the puck is placed at center ice and a player skates in against the goalie with no other players on defense.
34. Breakaway- When an attacker is past all the defenders and skates alone against the goalie